

Your Child at 6 years



What Most Children Do at this Age:

Physical Development

- Will have grown about 2.5 in. and gained about 7 lbs. within the past year
- Is starting to lose baby teeth
- Will have good balance, can skip with ease
- Can catch and throw a ball

Intellectual Development

- Is starting to grasp the concept of time
- Can tell you their age
- Is learning to express self with words
- Can follow 3 commands in a row

Social Development

- Wants parents to play with them, with a gradual shift in focus towards friends
- Will include a lot of imagination in their play
- Often likes to be the "big kid" and help out
- Tends to copy adults and seek after praise

Emotional Development

- Continues to have fears typical of most preschoolers; monsters, kidnappers, ect.
- Can begin to develop empathy with the help and encouragement of parents
- Is developing a sense of humor

Effective Parenting Suggestions:

- Show love by recognizing positive behaviors
- Teach your child how to do things for themselves
- Give your total and undivided attention when listening to your child
- Set firm, fair, and friendly boundaries
- Set an example; children learn more from what you do than what you say

"When children are securely connected with us, they have higher self-esteem, behave better, are more cooperative, and are happier overall."

-Rebecca Eanes

Source: webmd.com